

TESTA PRODUCE Market Report

Outlook for the Week of

**December 9,
2013**



Market Report

The holidays are coming, and coming in quick. With Chicago's first real snow this past weekend, it's really starting to feel like winter. Holiday parties, dinners, and outings mean lots of people going out to eat. Which means you need to be prepared. It's not too late to decorate or stock up on your holiday necessities with the items we have listed on our Winter Favorites Flyer. There are plenty of great things you can choose from to spice up any holiday menu.

Blueberries have light supplies with demand exceeding available supplies. The market is firm for conventional, and Organic is higher. Strawberries are steady to slightly higher and demand is moderate, with light supplies. Raspberries are steady and demand is good; pricing varies. Blackberries have light demand and the market is lower. Berries in general have a wide range in quality.

Clementines are steady with moderate

demand. Lemons are steady; supplies are light and demand is good. Supplies are light for both conventional and organic product. Oranges are steady with good demand and light supplies. Limes are steady with light demand; there is a wide range of quality. Grapefruit is steady with good demand. There is still some delicious Organic Citrus in stock from Deer Creek so make sure you take advantage of that! It's a great time for citrus so it's a no-brainer to add that to your menus this season.

Cantaloupes are higher and demand is good, with light supplies. Honeydew demand is moderate and the market is steady. Watermelon is lower with moderate demand. Apples are steady and demand is good. Pears are steady and demand is good. Grapes are steady, but just barely, and both demand and supplies are light. Cherries are steady with moderate demand. The market for Rainer is lower. Avocados are steady and demand is moderate; supplies are light. Kiwi is steady with moderate demand. Persimmons are

Market Report, Cont'd...

steady with good demand. Papaya is steady with light demand. Mangoes are steady with light supplies and demand. Pineapples are steady with light demand.

Beans are steady with moderate demand and a wide range of quality. Corn is steady with light demand. Cucumbers are steady with moderate demand. Eggplant is steady with moderate demand. Bell Peppers are steady overall and demand is light. The market for Medium Green Peppers is higher and the market for Reds is slightly lower. Squash is steady and demand is moderate.

Tomatoes are steady to slightly higher. Demand for 5x6 and 6x6 is good, but 6x7 demand is light. There is a wide range of quality available. Cherry Tomatoes are lower with light demand. Grape Tomatoes are steady to lower with light demand and supplies. There is a wide range of quality and condition available as well. Plum Tomatoes are steady, to slightly higher, with good demand and light supplies.

Cabbage is steady with moderate demand; supplies are light. The market for Green is slightly lower. Broccoli is steady, to slightly higher, with moderate demand and light supplies. Brussel Sprouts are steady with fairly good demand. Cauliflower has light supplies and light demand; markets are slightly lower but most are steady. Green Leaf,

Boston, and Red Leaf Lettuces are steady with light supplies and demand. Romaine is steady with light supplies and demand as well. Iceberg Lettuce is steady with light supplies and demand. Spinach is lower with moderate demand. Carrots are steady with moderate demand. There is a wide range in quality available. Celery is lower with light demand. Potatoes have light demand and are steady markets. Onions are steady with light demand.

Produce Quiz

You want all of me and I'm yours, year round with peaks in the spring and fall. If you like me because you think I'm Asian or Chinese, I guess that I should admit that my origins are probably really Mediterranean, even though I'm the main type of my variety eaten in Japan and China. If you like 'em young, I'm for you, since I'm really only half-grown when chosen. I'm thin-skinned, bright, light, fresh, crisp and sweet, and that's what you like about me. Some call me flat and thin, but I'm a broad known for my model figure and I figure well in a model's diet as well. While you delight in every part of me, it's seldom my seeds that make you yearn for me, unlike others of my sort. It's my tiny seeds' immaturity that lets me keep my slender profile. If you wait until I grow and swell, you'll find me inedible. You love me when I'm raw and can take me plain or dressed. But, get me all hot and stirred-up and you adore me. Don't wash me until you need me though, because I'm very delicate. Just treat me to a light shower and gently pat me dry, then go ahead and pinch me at the top and bottom. Pull my string or just eat it; either way, I'm a taste treat with tempting texture and I'm a source of vitamin C and potassium, as well as iron, folic acid, magnesium, thiamin, pantothenic acid, vitamin B6 and phosphorus,

Last Quiz Answer: Horseradish



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