

TESTA PRODUCE Market Report

Outlook for the Week of
June 2, 2014



Market Report

We made it to the halfway point of the year, how time flies! Summertime in Chicago is full of street fests and delicious restaurants. Warm weather seems to be in full swing now, so its time to start taking advantage of it! Here is the status on your markets.

Overall, Berries seem to have a wide range in quality. Raspberries are steady with good demand. Strawberries are steady with light demand. Blueberries are steady, to slightly lower, with light demand. Blackberries are lower with moderate demand. Lemons are steady with good demand; supplies of Organic product are light. Oranges are steady with good demand. Limes are lower with light supplies and fairly light demand. Clementines are steady with fairly good demand.

Watermelon is lower with moderate demand. Cantaloupe is higher with very good demand. Honeydew is lower with moderate demand and a wide range in quality and condition. Apples are steady with good demand and slightly higher markets. Sup-

plies of Fuji, Jonagold, Jonathan and Gala are light.

Avocados are steady with fairly light demand and light supplies. Nectarines are steady with fairly good demand. Peaches are steady with good demand. Grapes are steady with fairly light demand. Apricots are steady with good demand and a wide range in quality. Cherries are steady with good demand. Pears are steady with moderate demand. Kiwi is steady with moderate demand. Mangoes are steady, to slightly higher, and demand is good; supplies are on the lighter side. Quality and condition varies. Papaya is steady with fairly light demand. Pineapple has moderate demand with lower markets and good supplies.

Asparagus is steady with light demand; supplies are slightly on the lighter side. In some growing areas. We have Standard, Large and Jumbo sizes of local Asparagus coming from two Michigan farms. Sweet Corn is steady with good demand and light supplies. Cucumbers are steady, to slightly lower, with fairly good demand. There is a

Market Report, Cont'd...

wide range in quality and condition available as well. Eggplant is steady with good demand. Bell Peppers have light supplies and moderate demand. The market for Jumbo and Extra Large sizes are steady, but other sizes are lower; supplies are light and demand is moderate.

Tomatoes are steady with good demand. Cherry Tomatoes are slightly higher and supplies are fairly light; demand is good. Grape Tomatoes are slightly higher with good demand. Plum Tomatoes are steady with fairly good demand.

Brussel Sprouts are steady with very light supplies and moderate demand. Beans are lower with moderate demand. Cabbage is steady, supplies are light, and demand is moderate. Carrots are steady with moderate demand and a wide range in quality. Squash is lower and demand is moderate. Supplies of Zucchini are light. Peas are steady with moderate demand. Supplies of Sugar Snaps are light.

Green Onions are steady and demand is good; there is a wide range in quality available. Spinach is lower with light demand and a wide range in quality. Broccoli is lower with moderate demand and a wide range in price and quality. Celery is steady with moderate demand and a wide range in quality. Cauliflower is higher with good demand and light supplies. Radishes are steady with moderate demand.

Iceberg Lettuce is steady with good demand. The market for Boston Lettuce is

steady but Red and Green Leaf are lower; demand is light for all three. Romaine Hearts are steady and 24 counts are slightly lower. Lettuce has a wide range in quality. Artichokes are steady with very light supplies. Potatoes are steady with moderate demand. Demand for Round Reds is light. Onions are steady with fairly light demand.

Produce Quiz

A native of southern Europe and Western Asia, I'm now in India, Europe, and the U.S. I symbolized joy and pleasure for the Romans. You'll find me mentioned in ancient Egyptian writings and the Bible. In the 10th century, China got me from Sumatra. I'm a smooth, hollow stemmed annual or biennial herb with feathery leaves crowned with yellow flowers that bear my progeny. I grow like a weed, up to 3 feet tall. You may not know that my flowers make beautiful fragrant bouquets. My fresh leaves and dried seeds are my culinary prize, both herb and spice. You can also buy my leaves dried, but I think they've lost their flavor. I would suggest that freezing best preserves my leaves. I'm excellent in sauces and dressings, with vegetables, chicken and poultry. You would guess my identity if I told you some of my favorite dishes; I'll simply say, I'm often part of a cure. In addition, my leaves and seeds create beneficial oil. Make me into tea or chew on my seeds to combat urinary-tract infections, bad breath, and upset, gassy stomach. My highest nutritional content is potassium and calcium. Warning to birds – my ripe seeds are toxic to you. I also am the name of the latest Rugrats cartoon character.

Last Quiz Answer: PURSLANE



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