

Market Report

FOR THE WEEK OF 11/4/19 — 11/9/19

Berries



Blueberries have a steady market, fairly light—good demand

Raspberries have a steady market, light demand
Wide range in quality

Strawberries about steady—higher market, *Wide range in quality and condition*

Misc. Berries have a steady market, very light supply, very good demand, *demand exceeds supply*



Melons

Cantaloupe about steady market, light supply, good demand

Honeydew about steady—slightly higher market, light supply, very good demand, demand exceeds supply

Watermelons lower—about steady market, demand range from light—moderate

Non-Citrus Fruits



Apples have a steady market, fairly good—moderate demand

Avocados about steady market, moderate demand
Wide range in prices

Grapes have a steady market, good demand

Kiwifruit has a steady market, light supply from CA, fairly good—moderate demand

Mangoes has a lower—higher market, light—moderate demand

Papaya about steady market, fairly light supply, moderate demand

Pears have a steady market, fairly good demand

Pineapples have an about steady—higher market, moderate supply, moderate demand



Citrus

Lemons have a lower—about steady market, demand ranges from light—moderate *Wide range in price and quality*

Limes have a market ranges from lower—higher with demand that ranges from light—good demand
Wide range in price, quality and condition

Oranges about steady—steady market, light supply, moderate demand *Wide range in price*

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Vegetables

Asparagus has a lower—steady market, demand ranges from light—moderate

Beans about steady—steady market, light supply, very good demand, demand exceeds supply

Broccoli market ranges from lower—higher, moderate demand *Wide range in quality and condition*

Cabbage has a lower market, fairly light demand

Carrots about steady market, moderate demand *Wide range in quality and condition*

Cauliflower about steady market, moderate demand *Wide range in quality*

Celery market ranges from about steady—higher, good demand *Wide range in quality and condition*

Corn-Sweet has a steady market, light supply, moderate demand

Cucumbers market ranges from lower—higher, moderate demand

Lettuce about steady market, light—good demand *Wide range in quality and condition*

- **Iceberg** about steady—slightly higher, light supply available, moderate demand
- **Romaine** market ranges from lower—higher, moderate demand *Wide range in price, quality and condition*
- **Peas, Green** have a slightly lower market, moderate demand *Wide range in quality*
- **Peppers** about steady market, very light supply, good demand
 - **Bell Type** about steady—steady market, light supply, good demand
- **Squash** market varies from lower—higher, moderate demand *Wide range in quality and condition*
- **Tomatoes** lower—about steady market, light supply, good demand
 - **Grape Type** market ranges from lower—higher, good demand
 - **Plum Type** slightly lower—about steady market, fairly light supply, good demand *Wide range in price, quality and condition*



Potatoes & Onions

- **Onions, Dry** have a steady market, moderate demand
- **Potatoes** have a steady market, light—very good demand

Produce Quiz

Last Quiz Answer:
BUTTERNUT SQUASH

I ooze from pores and hang on doors. I save you from fright on Halloween night. I am so old, with flavor so bold, my story in Sanskrit can be told. In ketchup, mustard and sausage I be, powered in pizza to stimulate thee. Roast me slowly and squeeze my head, you won't need any butter for bread. Or you can turn me black and ferment me instead. Curing consumption and easing all pain, when it comes to amounts there is no refrain. Braid me, sauté me, put me in sauce, without my aroma your food's at a loss. If you are to marry and scared of the flight, my clove in your buttonhole will ensure a sweet night. In Gilroy, my home where I'm in best supply, just stick out your nose, my aroma won't lie. So love me and eat me, and decorate in style; however you use me I'll last for awhile.

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<u>ITEM DESCRIPTION</u>	<u>SIZE</u>	<u>TESTA#</u>
Oats, Steelcut Organic	25#	70574
Oats, Gluten Free Steelcut	25#	75591
Oats, Rolled GF Organic	25#	82107
Oats, Rolled GF	25#	78917
Flaxseeds, Brown Organic	24oz	83127
Flaxseeds, Golden	24oz	82958
Flour, Sorhum Sweet GF	25#	79530
Flour, Corn Organic	25#	79642
Flour, Buckwheat Organic	25#	79643
Flour, 1-to-1 Baking GF	25#	79315
Flour, GF All Purpose	25#	71150
Flour, Tapioca	25#	80562
Wheat, Bulgur Golden	25#	80415
Coconut Flakes, Unsweetened	25#	79366
Grits, Corn Polenta Organic	24oz	75063
Xanthan Gum	5#	82953
Mix, Chocolate Cake GF	16oz	82625
Mix, Pizza Crust GF	25#	75643
Mix, Pancake GF	25#	81159

