

Market Report

FOR THE WEEK OF 6/3/19 — 6/8/19

Berries



Blueberries market about steady, fairly light—good demand *Wide range in quality and condition*

Raspberries lower market, fairly light demand

Strawberries steady market, light demand *Wide range in quality and condition*

Misc. Berries about steady—steady market, light—moderate demand *Wide range in quality*



Melons

Cantaloupes have an about steady market, light—moderate demand

Honeydew about steady—higher market, moderate demand *Wide range in quality and appearances*

Watermelon lower—about steady market, light—moderate demand *Wide range in quality and condition*

Non-Citrus Fruits



Apples have a steady market, moderate demand

Avocados have a steady market, moderate demand

Grapes have a steady market with moderate demand

Kiwifruit has a steady market, moderate demand

Mangoes have an about steady market, fairly light—moderate demand *Wide range in quality and appearance*

Nectarines market steady, good demand

Papaya about steady market, fairly light—moderate demand

Peaches have a lower—steady market, moderate demand

Pears have an about steady—steady market, moderate demand

Pineapple have a lower—about steady market, moderate demand



Citrus

Clementines about steady—steady market, light supply, moderate demand *Wide range in quality, price and condition*

Grapefruit has a steady market, with moderate demand *Wide range in prices*

Lemons market ranges from about steady—higher, fairly light supply, good demand *Wide ranges in price*

Limes have a lower market, with light demand

Oranges have a steady market, moderate demand *Wide range in price*

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Vegetables

- Artichokes** have a higher market, very light supply, good demand
- Asparagus** has an about steady—steady market with fairly light demand
- Beans** have a lower—steady market, moderate demand
- Broccoli** has an about steady market, fairly light—moderate demand
- Cabbage** about steady market, moderate demand
- Carrots** about steady market, fairly good—moderate demand *Wide range in quality*
- Cauliflower** has a lower market, fairly light—very light demand *Wide range in price*
- Celery** about steady—slightly higher market, good demand
- Corn-Sweet** has a lower—steady market, fairly light—moderate demand
- Cucumbers** fairly good—moderate demand
- Eggplant** market about steady, good demand

- Lettuce** has an about steady market, fairly light—moderate demand
 - Iceberg** slightly higher market, good demand
 - Romaine** about steady market, light—moderate demand
- Peas, Green** demand exceeds supply
- Peppers** have an about steady market, very light supply, moderate demand *Wide range in price, quality and size*
 - Bell Type** market ranges from lower—higher, moderate demand *Wide range in size and quality*
- Tomatoes** have an about steady—slightly higher market, very light supply, light—moderate demand
 - Grape Type** about steady—higher market, very light supply, moderate demand
- Plum Type** About steady—higher market, good demand



Potatoes & Onions

- Onions, Dry have a steady market, very light—good demand
- Potatoes steady market, light—good demand

Produce Quiz

Last Quiz Answer:
FIG

I am the first seasoning whose use was ever recorded. I date back as far as 3000- BC Assyria. There is some confusion about my actual origin. While some believe it was Africa, others insist on India. Frankly, I don't care, I'm just proud to be number one. I have been used in China for over 200 years but I never made it to the inner circles and I'm considered a foreigner there. My arrival in America is attributed to African Slaves and this is why I was initially very popular in southern cooking. I am an annual who grows tall and straight with deeply veined egg-shaped leaves and lovely pink or white flowers. I get plucked when I'm green (doesn't everyone?) to avoid bruising. I am popular all over the world where I am regularly used in sweet and savory foods. My latest fad is to be blackened, but you can still find me in white and brown. More intense when toasted, I impart a slightly sweet, nutty flavor essential in specific types of bagels, breads, pastes, halvah, noodles, meats, fish, and oil. In fact I am 50% oil, so be careful, if you keep me too warm I'll turn rancid. Best to keep me in an airtight container and my bedroom cool and dark. In this condition I'll give you a good three months, in the icebox I'll hold up for six months, and I can go a whole year in your freezer. My fat is largely unsaturated and when dried I provide magnesium, potassium, iron, calcium, phosphorus, zinc and copper as well as dietary fiber and riboflavin. I help calm your nervous system and ease your bowels and make fine massage oil. Although my name is often used to "open" doors. I've never actually seen it work.

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TESTA ITEM CODE	DESCRIPTION	CASE SIZE
#80830	Diced Tomatoes	6/10#
#80832	Tomato Sauce	6/10#
#80836	Crushed Tomatoes	6/10#
#70173	Stewed Tomatoes	6/10#
#80842	Tomato Puree	6/10#
#80844	Tomato Paste	6/10#
#80834	Marinara Sauce	6/10#
#80838	Pizza Sauce with Basil	6/10#
#80840	Spaghetti Sauce	6/10#
#59528	Sacramento Tomato Juice	8/46oz

