

# Market Report

FOR THE WEEK OF 3/11/19 — 3/16/19

## Berries



**Blueberries** market ranges from lower—higher, fairly light supply, moderate demand *Wide range in quality*

**Raspberries** have a steady market, moderate demand

**Strawberries** about steady—steady market, moderate demand *Wide range in quality and condition*

**Misc. Berries** slightly lower market, light supply, moderate demand



## Melons

**Cantaloupe** about steady market, moderate demand

**Honeydew** lower—about steady market, light—moderate demand *Wide range in quality and appearance*

**Watermelon** market ranges from about steady—slightly higher, light supply, moderate demand *Wide range in quality and condition*

## Non-Citrus Fruits



**Apples** about steady—steady market, moderate demand

**Avocados** about steady—higher market, good demand

**Grapes** have a steady market, with moderate demand

**Kiwifruit** has a steady market, good demand

**Mangoes** have a lower market, light supply, fairly light—moderate demand *Wide range in quality and appearance*

**Nectarines** have a steady market, moderate demand

**Papaya** has a lower—about steady market, light—moderate demand *Wide range in quality and condition*

**Peaches** have a steady market, moderate demand

**Pears** have a steady market, fairly light—moderate demand *Wide range in price*

**Pineapple** lower—about steady market, moderate demand *Wide range in quality*

**Plums** have steady market, moderate demand



## Citrus

**Clementine's** have a steady market, fairly light demand

**Grapefruit** has a steady market, good demand

**Lemons** about steady—higher market, light supply of 165-200s, moderate demand *Wide range in price*

**Limes** have a higher market, light supply, very good demand *Wide range in price, quality and condition*

**Oranges** about steady—higher market, supply 48s are fairly light, light—moderate demand *Wide range in price*

**Tangelos** steady market, light supply, moderate demand

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## Vegetables

**Asparagus** has a steady market, fairly light supply, moderate demand

**Beans** have slightly lower—about steady market, demand ranges from light—moderate

**Broccoli** market ranges from lower—higher, fairly light—moderate demand *Wide range in quality and condition*

**Cabbage** has a slightly lower—about steady market, good demand at slightly lower prices

**Carrots** about steady—steady market, light—moderate demand

**Cauliflower** has a lower market, light demand *Wide range in quality and condition*

**Celery** market ranges from about steady—higher, light supply available, moderate—very good demand *Wide range in quality and condition*

**Corn-Sweet** about steady market, fairly light demand

**Cucumbers** lower—about steady market, light—moderate demand *Wide range in quality and condition*

**Eggplant** about steady market, good demand *Wide range in quality and condition*

**Lettuce** lower—about steady market, fairly light demand *Wide range in quality and condition*

**Iceberg** lower market, light demand *Wide range in quality and condition*

**Romaine** lower—about steady market, fairly light demand *Wide range in quality and condition*

**Peas, Green** about steady—higher market, moderate demand

**Peppers** about steady—higher market, moderate demand

**Bell Type** about steady—higher market, very light supply, demand exceeds supply

**Tomatoes** about steady market, very good demand

**Grape Type** about steady market, fairly light demand

**Plum Type** about steady market, very good demand



## Potatoes & Onions

**Onions, Dry** higher market, good demand

**Potatoes** have a steady market, moderate demand

## Produce Quiz

Last Quiz Answer:  
**FIDDLEHEAD FERNS**

A member of the large rose family, Homer called me “the gift of the gods.” I have been cultivated for over three thousand years and held in high esteem by the Greeks, Romans and Chinese. Today my largest production comes from China, Italy, the United States, and Russia. I have several hundred varieties, a result of the cross breeding done in the 17th and 18th centuries. Most of my varieties are teardrop shaped, but some cousins are completely round. We are very thin-skinned as a group but quite colorful with a range of colors including yellow, brown, red and green. Whatever the skin color my flesh is always white or cream-colored and finely textured. My core is small with about 8 to 12 small seeds. My starch converts to sugar best after I am picked, and I ripen beautifully outside the cooler in a paper bag. I am rich in fiber as well as potassium and copper. Best eaten out of hand, I can be poached, juiced, or dipped. I am used in salads, sorbets, cheese platters, marinades, and stuffing. Contrary to my name, I am allowed to go out alone.

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