

Market Report

FOR THE WEEK OF 6/5/17 — 6/10/17

Berries



Blueberries lower—steady market, demand varies from light—moderate *Wide range in quality*

Raspberries slightly lower market, moderate demand

Strawberries about steady—steady market, light—moderate demand *Wide range in quality*

Misc. Berries about steady—steady market, light—moderate demand



Melons

Cantaloupe about steady market, light supply from GA, fairly light—moderate demand

Honeydew about steady—slightly higher market, light supply, good demand, exceeds supply *Wide range in quality and condition*

Watermelon about steady—higher market, light supply, demand exceeds supply *Wide range in quality and condition*

Non-Citrus Fruits



Apples have a steady market, fairly light supply, fairly light—moderate demand

Apricots have a steady market, with moderate demand

Avocados steady market, light demand

Cherries about steady—higher market, good—very good demand

Grapes about steady market, fairly light demand

Kiwifruit steady market, light—moderate demand

Nectarines about steady market, good demand

Mangoes lower—about steady market, light—moderate demand *Wide range in quality and appearances*

Papaya about steady market, fairly light—moderate demand *Very wide range in quality and condition*

Peaches about steady market, good demand

Pineapples about steady—steady market, fairly light supply, demand ranges from light—moderate



Citrus

Clementines have a steady market, fairly light supply, moderate demand

Lemons about steady market, light supply, good demand

Limes about steady market, fairly light demand *Wide range in quality, condition and price*

Oranges about steady market, supply 113—138s are light, good demand

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Vegetables

Asparagus slightly lower—about steady market, light—moderate demand *Wide range in price*

Beans about steady—steady market, fairly good—moderate demand

Broccoli market ranges from lower—steady, light—moderate demand *Wide range in price and quality*

Cabbage slightly lower—about steady market, very light supply from GA, light—moderate demand

Carrots slightly lower—steady market, fairly light demand *Wide range in quality and condition*

Cauliflower about steady—slightly lower market, moderate demand

Celery slightly lower—about steady market, light—fairly good demand *Wide range in price*

Corn-Sweet about—barely steady market, very light supply available, moderate demand

Cucumbers market ranges from about steady—slightly higher, light—moderate demand *Wide range in price, quality and condition*

Eggplant about steady market, fairly good demand

Lettuce about steady—higher market, moderate demand

Iceberg about steady—slightly higher market, fairly good demand

Romaine about steady—slightly higher market, light—moderate demand

Peas, Green slightly lower market, with moderate demand *Wide range in quality and condition*

Peppers lower—steady market, light supply, *Wide range in quality and size*

Bell Type market ranges from lower—higher, light supply, light—very good demand

Tomatoes lower—about steady market, light—moderate demand *Wide range in price, quality and condition*

Grape Type lower—about steady market, light supply, fairly light—moderate demand

Plum Type about steady market, light supply, light—moderate demand *Wide range in quality, condition and price*



Potatoes & Onions

Onions, Dry lower—about steady market, fairly light—moderate demand

Potatoes lower—about steady market, good demand, demand for 40-80s exceed supply.

Produce Quiz

Last Quiz Answer:
LOQUAT

My name in Malawi translates to “Buttocks-of-the-wife-of-a-chief”. There was a time when I was widely enjoyed, but today I have fallen into neglect. Originating in India or Persia I spread quickly (via seed, not via ground cover) to Europe and America. Once said to be eaten by “French men and pigs when they can get nothing else”, I am considered a common weed and nuisance to gardeners. I am a ground hugging fleshy, fat leaved plant growing no higher than four inches and easily found in both hemispheres. I have over forty relatives and while most are green, a few are as good as gold. My stems are a rubbery pinkish-red and can grow twelve inches, spread out in a network like flat vines. I can be picked before maturity and will continue to flower and see post-harvest. I have a slight acidic and peppery taste and can be cooked or used fresh. I am a great textural addition to fresh salads or I can simply be boiled, salted and served with butter or oil. The thickness of my leaves makes me a tasty addition to gumbos, soups, and stews. In the Middle East I am an important ingredient to a fattuoch salad. My stalks and leaves can be marinated in vinegar, blended into mayonnaise, or chopped into omelets. I am a good source of potassium, magnesium, and Vitamin A. I also supply Vitamin C, Calcium, and Iron. I contain mucilages and antioxidants. As a pharmafood I make a good diuretic, intestinal cleaner, and emollient.

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Specialty Produce

Available the Week of 6/5/17 – 6/10/17



#1768

Fuyu Persimmons
(flat)



#25352

Casaba Melons
(5ct cs)



#68491

Brown Turkish Figs
LIMITED (1/2 tray)

ITEM CODE PRODUCT / CASE SIZE

2270	Apricots, cs
2460	Asparagus, White, 11# - LIMITED
404	Beans, Sea, case
3371	Beets, Baby Candy Stripe, 24ct
3379	Beets, Baby Golden, 24ct cs
3378	Beets, Baby Red, 24ct cs
65104	Beets, Baby Mixed, 24ct cs
77307	Black Garlic, Peeled, 1# tub
62475	Carrots, "Thumbelina" 24ct
65105	Carrots, Baby Rainbow, 24ct
65088	Cauliflower, Purple, 9-12ct
65089	Cauliflower, Orange, 9-12ct
67277	Cauliflower, Green, 9-12ct
5355	Celery Root, 22-25#
5550	Cherries, cs
9506	Eggplant, Baby, 10#
10299	Endive, Red Belgian, 8-10#
11609	Fiddlehead Fern, 5# cs
975	Fennel, Baby, 24ct
68491	Figs, Brown Turkish, 1/2 tray - LIMITED
1768	Fuyu Persimmons, 1 Layer flat
16157	Horseradish, Fresh, 5#
62689	Kale, Black Tuscan 12ct
23614	Kaffir Lime Leaves, by the pound
69487	Leeks, Holland, case

64106	Lettuce, Baby Iceberg, 40ct
69589	Lettuce, Miners, 1#
61951	Melons, Bitter, 1 cs
25352	Melons, Casaba 5ct
25351	Melons, Crenshaw 5ct
25357	Melons, Galia, 8ct
62701	Melons, Kiwano (Horned), cs
77297	Mushrooms, Chef's Mix, 6#
26674	Mushrooms, Morel, 3# (LEAD TIME REQUIRED)
66335	Mushrooms, Royal Trumpet, 6#
31120	Passionfruit, flat
31361	Pears, Forelle, 21-23#
31330	Peaches, cs
31850	Plums, cs
67900	Pomegranate Seeds, 12/4.5 oz
64454	Potatoes, Mixed Fingerling, 10#
32204	Potatoes, Okinawa Sweet, 30#
32117	Potatoes, Russian Banana Fingerling, 50#
17777	Quince, approx. 30ct cs
35060	Rapini, 24ct
67090	Romanesco, 8-12ct
78283	Spinach, Savoy 4#
78920	Tangerines, Gold Nugget, 25#
60126	Treviso, 12ct cs
45056	Watermelon, Yellow Seedless, cs

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Local PRODUCE



Available the week of 6/5/17 — 6/10/17

Item	Description	Farm Name & Location	Miles
67456	Asparagus, Std, 11#	Todd Greiner - MI	222
67432	Asparagus, Lrg, 11#	Todd Greiner - MI	222
72647	Beets, Gold, 25#	Rice Lake Farms - MI	216
5355	Celery Root, 25#	Rice Lake Farms - MI	216
76724	Eggs, JRS Cage Free	JRS	148
77285	Lettuce, Boston (hydro)	Green Sense Farms - IN	37
26652	Mushroom, Button, 10#	Monterey Mushroom - IL	107
20657	Mushroom, Med, 10#	Monterey Mushroom - IL	107
63243	Mushroom, Portabella Lg, 5#	Monterey Mushroom - IL	107
26647	Mushroom, Sliced Thick 10#	Monterey Mushroom - IL	107
31100	Parsnips, 20#	Rice Lake Farms - MI	216
76091	Potatoes, Red "B" 50#	Bushmans - WI	267
1692	Shoots, Pea	Living Water - IL	108
3344	Sprouts, Bean, 4/2.5#	Phoenix Bean - IL	15
400	Sprouts, Sunflower, Flat	Living Water - IL	108
314	Wheat Grass, Flat	Living Water - IL	108

*Introducing Curve of the Earth Farm
Bangor - Michigan 120mi*

PRE-ORDER ONLY!
Order by 1pm Wednesday 6/7 for delivery
Monday 6/12

Item	Description
81108	Kale, Tuscan (Lacinato), Organic 24 ct case
81109	Kale, Green Curly, Organic 24ct case
81110	Chard, Rainbow, Organic 24ct case
81111	Kale, Red Curly, Organic 24ct case
81112	Kale, Red Russian, Organic 24ct case

RAW HONEY Papa's Honey - Naperville, IL 34 miles

74236	Raw Honey	5#
74235	Raw Honey	6/5#
80420	Raw Honey Bears 2oz	24/2oz
78451	Raw Honey Bears 12oz	12/12oz

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Organic produce

Available the Week of:
6/5/17 – 6/10/17

Fruits

Item #	Description
76677	Apples, Braeburn, 64ct
76304	Apples, Fuji, 80ct
65973	Apples, Fuji, 12/3#
72608	Apples, Gala, 12/3# bag
67017	Apples, Granny Smith, 12/3#
65811	Apples, Granny Smith, 100ct
74576	Apples, Honey Crisp, cs
66863	Apples, Gold Delicious, 88ct
65237	Apples, Red Delicious, 12/3#
65268	Bananas, 40#
65443	Blackberries, Flat
67551	Blueberries, Flat
74862	Cucumbers, cs
66383	Grapefruit, 36ct cs
65264	Kiwi, flat
65362	Lemons, 115ct
76605	Lemons, 18/2#
76748	Lime 15/1#
71824	Mangoes, cs
73921	Oranges, 10/4#
74577	Pears, Anjou, 90ct
66584	Pears, Bosc, 80ct
76606	Pears, Gold Bosc, 12/3#
65171	Pineapples, 6-8ct
65484	Strawberries, 8/1#
65483	Raspberries, 12/6oz flat

Vegetables

Item #	Description
74103	Avocado, 48ct
72005	Beets, Red, 24ct
65046	Beets, Red, 25#
64983	Broccoli, 14ct
65749	Cabbage, Green, 45#
76832	Cabbage, Green, cello, 24ct cs
76687	Cabbage, Red, cello, 24ct
75328	Carrots, Baby Peeled, 30/1#
5079	Carrots, 25#
76610	Carrots, Cello, 24/1#
79209	Carrots, Cello 24/2#
64991	Cauliflower, 9-12ct
76614	Celery, Sleeve 30ct
76613	Celery Hearts, 18/2ct
76771	Coconuts, Young Thai, cs
74862	Cucumbers, cs
65017	Eggplant, 20#
66162	Fennel, 12ct
71836	Fennel, 24ct
65019	Peppers, Green, 25#
66122	Peppers, Orange, 11#
65367	Peppers, Red, 11#
65368	Peppers, Yellow, 11#
66121	Squash, Acorn, 35#
66161	Squash, Butternut, 35#
66328	Squash, Spaghetti, 35# vol
65465	Squash, Yellow, cs
65301	Zucchini cs

Herbs/Greens

65276	Arugula, Baby, 4#
66237	Cilantro, cs
76689	Dill, 24ct vol
72026	Garlic, 30#
66106	Garlic, Peeled 5#
73499	Ginger, 5#
79362	Ginger, 12/4oz
64986	Greens, Collard, 24ct
76833	Greens, Dandelion, Red, cs
77712	Greens, Dandelion, Green, cs
72630	Kale, Baby, 8/5oz
65021	Kale, Black, 24ct
64987	Kale, Green, 24ct
65020	Kale, Red, cs
64601	Mesclun Mix, 3#
67082	Parsley, Plain, 30ct
74447	Parsley, Curly, 30ct
65448	Parsley, Italian, #
65274	Spinach, Baby, 4#
38260	Spinach, 24 bu
65008	Swiss Chard, Green, 24bu
65079	Swiss Chard, Red, 24bu
64985	Swiss Chard, Rainbow, 24bu

Mushrooms

76615	Mushrooms, Cello, 12/8oz
76616	Mushrooms, Sliced, 12/8oz
66145	Crimini Mushrooms, 5#
79675	Cremini, 12/8oz tray
66974	Portabella Mushrooms, 5#
74650	Portabella Caps, 6/6pk
66335	Trumpet Royale Mushrooms, 2/3#

Onions

65408	Onions, Green, 48ct cs
65263	Onions, Red, Jumbo, 40# vol
66745	Onions, Red 16/3#
71792	Onions, Spanish, 40# cs
70037	Onions, Spanish, 16/3# sack
80060	Onions, Sweet, 40#
80055	Shallots, 12/3oz

Potatoes

76648	Potato, Red A, 10/5#
66969	Potato, Red A, 50#
76649	Potato, Red B, 16/3#
65090	Potato, Russet, 10/5#
66107	Potato, Sweet, 40# (Yam Garnet)
75742	Potato, Yukon A Gold, 10/5#
76651	Potato, Yukon B Gold, 16/3#

Tomatoes

64992	Grape Tomatoes, 12 pkg cs
65476	Roma (Plum) Tomatoes, 25#
65266	Tomatoes, On the Vine, cs

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Organic produce continued...

Salads/Lettuce

Item #	Description
80089	Lettuce, Boston Green, 24ct
71465	Lettuce, Head Cello, 12ct
64988	Lettuce, Green Leaf, 24ct
64989	Lettuce, Red Leaf, 24ct
65265	Lettuce, Romaine, 24ct
64990	Lettuce, Romaine Heart, 12/3ct

Salads/Lettuce continued

76618	Lettuce, 50/50 Salad Blend, 8/5oz
76619	Lettuce, Salad Baby Herb, 8/5oz
76621	Lettuce, Salad Baby Lettuce, 8/5oz
76622	Lettuce, Salad Baby Romaine, 8/5oz
76623	Lettuce, Salad Baby Spinach, 8/5oz
76630	Lettuce, Spinach Salad, 9/1#
76624	Lettuce, Salad Baby Spring Mix, 8/5oz

76631	Lettuce, Salad Spring Mix, 9/1#
76632	Lettuce, Salad Wellness Blend, 8/5oz
76806	Lettuce, Salad Baby Arugula, 8/5oz
79665	Lettuce, Salad Kale Medley, 8/5oz
79666	Lettuce, Salad Spinach/Kale, 8/5oz



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